Health in mind

As a major leading cause of disability in North America and beyond, continued and developing research into mental health challenges is fundamental. Awareness of the impact of related conditions and the provision of adequate support mechanisms for those affected are equally critical. Here, International Innovation presents a selection of key figures.

PREVALENCE

1/5 Canadians experience a mental health or addiction problem in any given year.

8.76% of the US population has a severe mental illness.

Mental disorders are the leading cause of disability in the US and Canada for ages 15-44.

50% of all mental disorders begin before age 14.

75% before age 25.

DEMENTIA

As of 2013, there were an estimated 44.4 million people with dementia worldwide. This number will increase to an estimated 75.6 million in 2030, and 135.5 million in 2050.

70% The total estimated worldwide cost of dementia was $604 billion in 2010. About 70% of the costs occur in Western Europe and North America.

Every $1 spent on mental health services saves $5 in overall healthcare costs. The global cost of mental illness is estimated at nearly US $2.5 trillion.

Alzheimer’s disease (AD) affects an estimated 4.5 million Americans. The number of citizens with AD has more than doubled since 1980.

1980

Approximately 2.6% of American adults, or 6.1 million people, live with bipolar disorder.

Children’s Mental Health

70% of mental health problems have their onset during childhood or adolescence.

20% of children, either currently or at some point during their life, have had a seriously debilitating mental disorder.

BRAIN INJURY

Traumatic brain injury (TBI) is a contributing factor to one-third (30.5%) of all injury-related deaths in the US.

Every year, approximately 52,000 deaths occur from traumatic brain injury, in the US.

COST

Annually, 1980